

Tachwedd / Rhagfyr  
November / December 2019

Cylchlythyr/Newsletter

Rhif/Issue 19

# BABELL ZION NEWYDD

Rhiw Babell Pensarn Caerfyrddin SA31 2JQ



D.M.B.W. 1997

This newsletter has been digitised as part of a project to archive material relating to Llangunnor so that a record exists for future generations

Thanks to Babell Zion Newydd Chapel for permission to do this

**Llangunnor Network**  
*Preserving and Promoting  
Llangunnor*

# **CHAPEL NEWS/ NEWYDDION Y CAPEL**

## **HARVEST THANKSGIVING SERVICE**

Our annual Harvest Thanksgiving service with the children was held on October 20<sup>th</sup>. Following our study of the parables, the children took the Parable of the Sower as the theme for the service. Ben and Ellie Grace took the readings and Ellie Mae sang a hymn. Lee, Liz, Sian, Leia Rose and Helen joined them for the singing and the congregation quickly learned Moliannwn Di. We had congregational participation too as we looked at the characteristics that Jesus wants us to portray in our daily lives. The seed which produces a hundred fold is the mark of a person who can exercise that all encompassing love which includes peace, self control, forgiveness, kindness, faithfulness, humility, obedience and tolerance. Catrin Hampton took the verse from Micah Chapter 6 verse 8: "He has told you, O man, what is good and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God." Thank you Ellie Grace and Ben who bravely volunteered to take part in Catrin's blindfolded tasting task. You will have noticed that Carole had to use the keyboard throughout the service. Unfortunately after 48 years the Compton's life has come to an end. More news of this in our next newsletter.

All contributions were taken to the Carmarthen Food Bank with a monetary contribution of £86.

## **GWASANAETH DIOLCHGARWCH**

Cynhaliwyd ein Gwasanaeth Diolchgarwch gyda'r plant ar Hydref 20fed. Yn dilyn ein hastudiaeth o'r damhegion y tymor hwn cymerodd y plant Ddameg yr Heuwr fel thema ar gyfer yr gwasanaeth. Darllenodd Ben ac Ellie Grace y ddameg a chanodd Ellie Mae yr emyn: Dwylo Ffeind oedd dwylo Iesu ymhob man". Ymunodd Lee, Liz, Sian, Leia Rose a Helen gyda nhw yn y canu ac fe ddysgodd y gynulleidfa y gân Moliannwn Di yn gyflym iawn. Cymerodd aelodau o'r gynulleidfa ran hefyd wrth edrych ar y nodweddion y byddai Iesu am i bob Cristion eu hymarfer yn eu bywydau bob dydd. Roedd yr hâd a syrthiodd ar dir da yn cynrychioli y cariad hwnnw sy'n cynnwys heddwch, hunan- reolaeth, maddeuant, caredigrwydd, ffyddlondeb, gostyngeiddrwydd, ufudd-dod a goddefgarwch. Cymerodd Catrin Hampton yr wythfed adnod o Lyfr Mica Pennod 6 adnod 8: "Dywedodd wrthyf, ddyn, beth sydd dda a'r hyn a gais yr Arglwydd gennyf: dim ond gwneud beth sy'n iawn, caru ffyddlondeb, a rhodio'n ostyngedig gyda'th Duw." Diolch i Ellie Grace a Ben am wirfoddoli i gymryd rhan yn y weithgaredd blasu. Byddwch wedi sylwi bod yn rhaid i Carole ddefnyddio'r allweddell drwy gydol yr oedfa. Yn anffodus mae'r organ wedi torri lawr yn derfynol ar ôl 48 o flynyddoedd. Mwy o fanylion am hyn yn ein rhifyn nesaf.

Aethpwyd â'r cynnyrch i gyd i Fanc Bwyd y dre ynghyd â'r casgliad rhydd o £86.

## **Gwasanaeth yr Ofalaeth**

Cynhaliwyd gwasanaeth yr Ofalaeth yng Nghapel Newydd Llandarog ar Hydref 27ain dan arweiniad y Gweinidog.

## **A letter from the Food Bank 08/10/2019**

To all of you at Babel Zion Newydd,

On behalf of all of us at the Carmarthen Foodbank I would like to say a big 'thank you' for having a collection and donating it to the Foodbank. The food that you have donated to help feed local



people in crisis weighed in at a total of 45.58 kg, which equates to approximately 109 meals.

You might be interested to know that the Foodbank started in January 2011 and at the end of the first year had provided 3 day emergency food parcels to 453 people. At the end of this last financial year, figures had risen to 2,537 including 900 children.

Every day in the foodbank we are meeting people trying to cope with low, insecure incomes and rising prices that mean even the smallest unexpected expense can leave them destitute and hungry – be that an unexpected bill, bereavement or the loss of income caused by benefit delay.

Research, recently commissioned by The Trussell Trust, found that most households referred to foodbanks had skipped meals and gone without eating, sometimes for days at a time, while over half could not afford heating or toiletries.

Thank you once again for your support. Together we are making a real difference to individuals and families who have nowhere else to turn. I hope you will continue to support us in the future.

Yours sincerely

Kind regards,

Miriam Jones Foodbank Assistant Carmarthen Foodbank

## **Friendship Centre**

There continues to be a warm welcome at the Friendship Centre on Thursday. Pat has supplied us with gorgeous sponges and a variety of cakes since the official opening four years ago, for which we are extremely grateful. If anyone would like to help in this respect please speak to Pat. Also many thanks to the kitchen staff. As well as Sian and myself, Maisie, Rosemary, Carole, Trevor and Linda are on rota.



Thank you Llangunnor Community Council for the donation of £100 towards the work of the centre received on October 31<sup>st</sup> by the chair of the Council Mr Robin Griffiths.

Gareth and Dawn Jones have formed a walking group during the last year. Mike has named the group 'Walking together' and Ann has suggested 'Cerddwyr Cynnwr'. In September it was a four and a half mile walk in and around Laugharne, visiting the Burgess and Portreeve Court house where a most interesting talk was

had and then the grave of Dylan and Caitlin Thomas in St Martin's Churchyard.

Laugharne was granted the status of a Corporation in 1290 by Royal Charter and 700 years later is still exercising that right. Diolch Gareth a Dawn am yr holl drefniadau.

## Neges oddi wrth y Gweinidog /

### A message from The Minister

Well, November is here and as we prepare for the Advent season let us just remind ourselves in this newsletter of the Harvest Thanksgiving services when we had the opportunity of remembering our debt to our heavenly father, who has kept and sustained us throughout a year which is quickly drawing to its close.

The act of remembering is an important part of our services and something which we are urged to do in the Bible. There are many verses which contain the word 'remember' or a word similar in meaning. In the Old Testament, remembering the nation's history was important to the Jews, because it brought to mind the *mawrion weithredoedd Duw* which helped their forefathers. Whenever dark days encircled the Jews, the prophets would inspire them by reminding them of how God had delivered them from their slavery in Egypt. Their psalms were replete with references to the deliverance from Egypt, in much the same way as our hymn books recall the saving grace of Christ on the Cross. Recalling such saving acts enables the Christian to trust in God in the future. Our debt to God is incontrovertible, especially in His forgiving and loving way with us in Christ, something which is reflected well in the words of the hymn writer, Emrys: *O Iesu mawr, pwy ond tydi*

*Allasai farw drosom ni*

*A'n dwyn o warth i fythol fri?*

*Pwy all anghofio hyn?*

Through remembering this ultimate sacrifice we are more able to disregard those things which act as a barrier to faith. In one of his Thanksgiving services, the Rev Rhys Nicholas took his text from the Book of Exodus, where Joseph states 'And God caused me to forget'. At first sight this would appear to be a strange text for a Thanksgiving service, but as he points out, forgetfulness can actually act as a blessing. He proceeds to note three of them:

First, the blessing of forgetting the sins of the past.

None of us can change the past. As Pilate asserted, *Yr hyn a ysgrifennais a ysgrifennais'*. However, what intensifies the situation is that the sins of yesterday can enslave our life today. We need not despair because one of the blessings of a Thanksgiving service is that we can say with the hymn writer,

*Ninnau'n cofio dy gariad di,*

*A thithau'n anghofio'n pechod ni.'*

Certainly, we should acknowledge our sin, in repentance before God, but we should take the forgiveness of sins through Christ's sacrifice more seriously. If God, in His mercy chooses to forget our sins, why should we remember them? Why do we need to carry the burden for past sins when God, in Christ has carried the burden for us?

Appreciating this might enable us to sing, with the hymn writer,

*Mi dafla' maich oddi ar fy ngwar*

*Wrth deimlo dwyfol loes;*

*Euogrwydd fel mynyddoedd byd*

*Dry'n ganu wrth dy groes.*

Second, the blessing of forgetting the successes of the past.

It has been stated many times that the hour of success is a dangerous hour. Success can lead to pride and an exaggerated sense of self importance. When Coretta King heard that her husband, Martin Luther King, was to receive the Nobel Peace Prize, the first thing she did was to go down on her knees to present the success before God, and responsibility that would come in its wake. The Gospel calls on us to rejoice not in our own successes but in the victory of God's love in Jesus Christ.

Third, the blessing derived from forgetting the worries of the past.

One of the characteristics of young people is to dream, and to look forward to those dreams being fulfilled, but more often than not, as this *cwpled* reminds us, that doesn't happen. *Disgwyl pethau gwych i ddyfod*

*Croes i hynny y maent yn dod.*

However, let not that frustrate us; rather we should let bygones be bygones. The advice to disregard and to forget our sins, our successes and our worries is perfectly permissible for the Christian because our hope does not rest in our past, but in that which Christ did for us on Calvary; the way he overcame sin, death and the grave.

I shall finish with the words of the hymn writer:

*Ymddiriedaf yn dy allu,*

*Mawr yw'r gwaith a wnest erioed:*

*Ti gest Satan, ti gest uffern,*

*Ti gest uffern dan dy droed:*

*Pen Calfaria,*

*Nac aed hwnnw byth o'm cof.*

Nicholas Bee

### **Ordeinio Blaenoriaid**

Mae croeso cynnes i chi ymuno yng Nghapel Bancyfelin ar Dachwedd 14<sup>th</sup> am 6.30 pan groeshewir Molly yn flaenor ac fe ordeinir Lynn a Corey yn flaenoriaid o'r newydd. Roedd Molly eisioes yn flaenor yn Heol Dŵr. Pob bendith yn y gwaith.

### **Clwb SBARC**

The club for children Years 3-6 continues to flourish and is now held at Babel Zion Newydd from 5.45- 6.45 every Thursday. Under the leadership of Catrin the children take part in many activities with Corey providing the games and volunteers providing the refreshments. More volunteers are needed and if you could give of an hour on Thursday evening please give your name to Catrin.



### **Macmillan Coffee Morning**

Following Brave the Shave last year this year's coffee morning was always going to be a hard act to follow but once again it proved to be a busy morning with much local support for this worthy cause. Nan and Carole had made all the necessary preparations and £357.55 was raised. Diolch i bawb a gefnogodd.

# Dechrau Canu Dechrau Canmol

## At Aelodau Babell Zion Newydd

Annwyl ffrindiau,

Ysgrifennaf atoch i'ch gwahodd yn gynnes iawn i ymuno a'r gynulleidfa mewn darllediad o *Dechrau Canu Dechrau Canol* a fydd yn cymeryd lle **nos Sul, 17 Tachwedd am 6.30 yn Eglwys San Pedr, Caerfyrddin** (nid yn Y Priordy am unwaith!). Bydd y drysau yn agor am 6 o'r gloch.

Bydd dwy rhaglen yn cael eu ffilmio, a'r cyntaf ohonynt, a fydd dan olau kannwyll, yn rhaglen arbennig ar gyfer Yr Adfent. Rwy'n siwr y bydd yn achlysur llawen iawn, ac fe fydd y carolau yn lled gyfarwydd i ni gyd. Meinir Richards fydd yn arwain a Huw Tregelles Williams ar yr organ.

**Cynhelir ymarfer yn Eglwys San Pedr nos Lun, 11 Tachwedd o 6.30 tan 7.30 yr hwyr.** Bydd y rhaglenni allan mas o law, a byddaf yn cysylltu â chi pan ddônt.

Yn y cyfamser, gofynnaf yn garedig i chi ddiogelu'r dyddiad. Byddai eich cefnogaeth arferol yn cael ei werthfawrogi'n fawr iawn gennym. Roedd adborth ardderchog i'r gyfres diwethaf a ddarledwyd o Gapel Y Priordy. Bydd casgliad ar y noson tuag at Bwyllgor Apêl Caerfyrddin a'r Cylch, Eisteddfod yr Urdd Sir Gaerfyrddin 2021.

Yn gywir

Parchg Beti Wyn James

Aled John, Cwmni Teledu Rondo

May we remember all those who are finding life difficult at this time and would very much wish to be with us in our Sunday worship. Bendith y nef arnoch.

## A Prayer for Advent

“Strengthen us in holiness to resist evil;  
Supply us with hope to face fear;  
Surround us with honesty to defeat doubt;  
Send us signals to keep us alert;  
And show us the signs of your new world.”

[Prayer Handbook]

## Gweddi Tymor Yr Adfent

O Arglwydd Dduw hollalluog, y mae'n bryd i ni ddeffro o'n hir gwsg, oherwydd y nos a gerddodd ymhell a'r dydd a nesaodd. Cynorthwya ni i roi heibio weithredoedd y tywyllwch a'n harfogi ein hunain ag arfogaeth goleuni. Dyro i ni ein gwregysu ein hunain a rhoi olew yn ein lampau, gan ddisgwyl am ddyfodiad ein Harglwydd.

[Mil o Weddïau]

### Flowers/Blodau

November	Mrs Nelda Davies
December	Mrs Nan Thomas
January	Mrs Helen Gibbon



## Forthcoming events

### **Saturday November 9<sup>th</sup> 2pm Dedication Service**

Llangunnor Community Council invites members of Babell Zion Newydd to attend a service of dedication on Saturday 9th November near the police headquarters. A memorial stone is being unveiled close to an oak tree which the community council planted to commemorate the anniversary of the start of the Great War. Reverend Bee will be taking part in the service along with representatives from Philadelphia and Llangunnor church. Next time you are in chapel take a look at the list of members from Babell who fought in the Great War. Thank you Lee for this input.

### **Plygain Merched Y Wawr Rhagfyr 15fed**

Bydd ymarferion yn dechrau yn fuan ar gyfer canu Plygain. Cofiwch gefnogi. Choir Practices will soon be starting for the annual Christmas Plygain service held by Merched y Wawr. This year it will be held in Penuel Chapel on December 15<sup>th</sup> at 7.30.

### **Llangunnor Network Christmas Party Saturday 7<sup>th</sup> of December**

Saturday 7th December will see a community Christmas party being held at the chapel. This free event, being organised by Llangunnor Network, is looking to bring together people for a few hours at what is a busy time of the year with all the hustle and bustle so that they can just relax and chat over a cold buffet. Again, we thank Lee for all the work he is doing in the community in this respect.

### **CHRISTMAS THE STORY December 9<sup>th</sup> - 14<sup>th</sup>**

This year the churches of Carmarthen will once again present the Christmas Story as a gift to the people of Carmarthen at the English Baptist Church Lammas St. There is once again an appeal for stewards and actors. The first meeting will be held at the English Baptists on Monday November 18<sup>th</sup> at 6pm.

### **NADOLIG Y STORI Rhagfyr 9fed- 14eg**

Fe fydd eglwysy Caerfyrddin yn perfformio Nadolig y Stori eleni eto yn Eglwys y Bedyddwyr Saesneg fel rhodd i bobl Caerfyddin. Os hoffech gyrryd rhan cynhelir y cyfarfod cyntaf ar nos Lun Tachwedd 18fed am 6pm yn Eglwys y Bedyddwyr Saesneg.

### **First Aid Course: November 26<sup>th</sup> 5.30-7.30 at BZN**

For all club leader, yourth workers, volunteers and anyone working with children and young people. Names to Catrin by November 11<sup>th</sup>.

### **Their light still shines/ Mae eu fflam yn dal yn ddisglair**

National Botanic Garden of Wales **Sunday 17<sup>th</sup> of November at 2.30pm**

Tŷ Cymorth

### **Announcements and Preparing Communion Table**

**Cyhoeddi a pharatoi Bwrdd y Cymun**

**Croeshawu: Sian ac Alun**

November	December	January	February
Pat, Helen and Ian	Sian, Vi and Lynn	Carole and Meurig	Helen, Nan & Molly

## Services for the next three months/Gwasanaethau'r tri mis nesaf

	<b>Pregethwr/Preacher</b>
03/11/19 10.30am 2.30pm	Minister <b>Communion / Cymundeb</b> Oedfa i bawb Capel Seion Drefach Parch Geraint Morse
10/11/19 10.30am	Rev Adelaide Wheeler Cocks
17/11/19 10.30am	Mr Martin Dalling
24/11/19 2pm	Mr Corey Hampton
1/12/19 2pm	Parch Geraint Lloyd <b>Gwasanaeth Cymraeg</b> <b>Communion / Cymundeb</b>
8/12/19 10.30am	Service by a member of the Salvation Army
15/12/19 4pm	Candlelight Service : Minister
22/12/19 10.30am 6pm	Children's Christmas Service: Mrs Catrin Hampton Procession through Bancyfelin and service with Rev Beti Wyn
24/12/19 11.15pm	Midnight Service /Noswyl Nadolig Mr Corey Hampton <b>Communion / Cymundeb</b>
29/12/19 10.30am	Gwasanaeth deuluol/Family Service
5/1/20 10.30am	Rev Mike Shephard <b>Communion / Cymundeb</b>
12/1/20 2pm	Parch Geraint Lloyd
19/1/20 10.30am	Minister
26/1/20 10.30am	Mr Corey Hampton

### **For the Diary/ Ar gyfer y Dyddiadur**

<b>November 9<sup>th</sup>:</b>	Llangunnor Dedication Service 2pm
<b>November 19<sup>th</sup>:</b>	Pastorate Elders' Meeting at Llanddarog 7pm
<b>November 20<sup>th</sup>:</b>	Lighting of the Christmas tree in Pensarn. Refreshment in BZN
<b>November 30<sup>th</sup>:</b>	Our Christmas Fayre: Note venue English Baptist Church
<b>December 7<sup>th</sup>:</b>	Llangunnor Network Christmas Party at Babell
<b>Rhagfyr 9<sup>th</sup> -14<sup>th</sup></b>	Christmas the Story- Nadolig -y Stori English Baptists
<b>Rhagfyr 15<sup>fed</sup> :</b>	Christmas Dinner 12pm in the Ivy Bush followed by service
<b>Rhagfyr: 15ed:</b>	Plygain Merched y Wawr; Penuel 7.30
<b>Rhagfyr 19eg:</b>	Parti Ysgol Sul a SBARC
<b>Ionawr 7<sup>fed</sup>:</b>	Prayer Meeting/Cwrdd Gweddi am 7pm

Editor this month: Helen Gibbon

Please forward any news/articles to Carole at [carolerees4@gmail.com](mailto:carolerees4@gmail.com). by

**December 19<sup>th</sup>** for the January issue

and a word about your favourite hymn/s to Helen at [helengibbon1@btinternet.com](mailto:helengibbon1@btinternet.com)